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# Torsional analysis of a single-bent leaf flexure

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**Abstract.** We present a torsion analysis of single-bent leaf flexure that is partially restrained, subject to a torsional load. The theoretical equations for the torsional angle are derived using Castigliano's theorem. These equations consider the partially restrained warping, and are verified using finite element analysis (FEA). A sensitivity analysis over the length, width, and thickness is performed and verified via FEA. The results show that the errors between the theory result and the FEA result are lower than 6%. This indicates that the proposed theoretical torsional analysis with partially restrained warping is sufficiently accurate.

Keywords: torsion; warping restraint factor; partially restrained warping; leaf flexure; Castigliano's theorem

#### 1. Introduction

A flexure guide has many applications in Micro-Electro-Mechanical Systems (MEMS) and Nano-Electro-Mechanical Systems (NEMS) devices, and plays an important role in nano-scanners. Flexure can generate the smooth motion by the elastic deformations of its body, and is one of the best solutions in applications that require smooth and nano-resolution guiding (Park *et al.* 2010). A flexure is usually designed such that deformation occurs along one or two axes, and deformation is prevented along the other axes (Lobontiu *et al.* 2004). There are several types of flexure guide: hinge flexures, leaf-spring flexures. There have been many studies related to the prediction of the elastic deformations of flexure guide for a planar positioning mechanism with three degrees of freedom was investigated (Fukada and Nishimura 2007). Flexure with large range and compact dimensions is presented (Yong *et al.* 2009). Hayashi and Fukuda (2012) developed a displacement reduction mechanism based on torsional leaf spring hinges. Formulas have been derived for the stiffness of parallel leaf spring flexure (Brouwer *et al.* 2013). Flexure of plates were investigated by beam theories (Sayyad and Ghugal 2014).

Single leaf flexure is used in many types of motion guides, including simple linear guides, compound linear guides, and double compound linear guides (Brouwer *et al.* 2013). However, the range of travel of single leaf flexure is limited to a very short range (approximately tens of  $\mu$ m) due to the elastic limit. To overcome the short range of travel, a single-bent flexure is examined in this study. In previous studies, torsional analyses for single leaf flexure were considered, and the

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equations of rotational displacements were derived (Koseki *et al.* 2002, Hayashi and Fukada 2012). However, although the torsion was analysed and calculated in these studies, the warping effect was not sufficiently considered, and one end of the flexure was completely fixed with no partially restrained warping condition. Fully restrained warping over a thin-walled bar was analysed, but the end condition was considered to be completely fixed in (Sapountzakis and Dourakopoulos 2010, Kujawa 2011, Sapountzakis 2012, Yoon *et al.* 2012). The concept of the warping indicator and the partial restraint warping were firstly introduced at the member ends in analyzing space frames (Yang and McGuire 1984). The warping effect was considered and a warping restraint factor was introduced in (Al-HaKeem 1991), and the result was applied to a truck chassis frames.

We performed a torsional analysis of a single-bent leaf flexure with consideration of partially restrained warping and the warping restraint factor (K). The theoretical torsional displacement of the single-bent leaf flexure is derived using Castigliano's second theorem, which considers the strain energy of partially restrained warping over the non-uniform torsion of a homogeneous isotropic prismatic bar. A sensitivity analysis over the length, the width, and the thickness variation is also performed. FEA is used to verify the accuracy of the theoretical analysis. An appropriate warping restraint factor is suggested for the general application of a single leaf flexure in nano-scanner design.

# 2. Generalized modeling of flexure

Fig. 1 presents the model of the single bent leaf flexure used in this study, which consists of two leaf flexure elements. The dimensions of the structure are length l, width b, and thickness t. In this structure, the flexure acts as a leaf spring. The single leaf spring enables a free end to move smoothly with an appropriate range of travel and no friction. When a torsion  $T_x$  is applied at free end of the element 1, then the element 1 twists and the element 2 bends. The joint between element 1 and 2 is not fixed, and is considered to be partially restrained.

Fig. 2 shows an application of the flexure in a planar nano-scanner. The system includes four flexures symmetrically connected to four corners of the square moving body to provide smooth

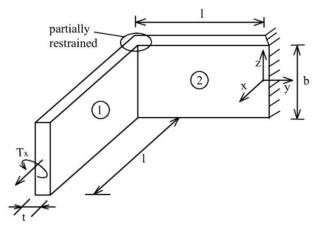


Fig. 1 Schematic diagram of the single bent leaf flexure

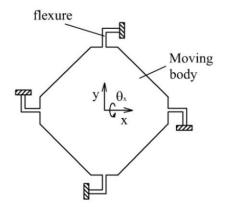


Fig. 2 Schematic diagram of the planar scanner

and non-parasitic error motion. If torsion of the flexure occurs in this system, then out-of-plane motion will occur and the accuracy of the scanner will be low. The present investigation involves analyzing and accurately calculating the rotation when torsion is applied to the flexure.

#### 2.1 Derivation of the total strain energy

In this study, Castigliano's theorem was used to find the rotational displacement of the flexure in Fig. 1. The twist angle was defined by using the partial derivative of the total strain energy with respect to the applied torsion  $T_x$  as follows

$$\theta_x = \frac{\partial U}{\partial T_x} \tag{1}$$

where U is the total strain energy that is stored in the flexure and  $\theta_x$  is the twist angle. When torsion moment  $T_x$  is applied to the flexure, it causes torque in element 1 and bending in element 2. Thus, two components of strain energy due to  $T_x$  are defined.

#### 2.1.1 Strain energy of torsion in element 1

As previously mentioned, we considered the warping effect when torsion was applied. The governing equation for the non-uniform torsion of a homogeneous isotropic prismatic bar subjected to an end constant torsion  $T_x$  is given (Pilkey 2002)

$$GJ_x \frac{d\theta_x}{dx} - EC_w \frac{d^3\theta_x}{dx^3} = T_x \tag{2}$$

where  $J_x$ ,  $C_w$ , G, and E are the torsion constant, warping constant, modulus of transverse elasticity, and modulus of longitudinal elasticity (Young's modulus), respectively. The general solution of Eq. (2) is presented (Pilkey 2002)

$$\theta_x = C_1 + C_2 x + C_3 \cosh\alpha x + C_4 \sinh\alpha x \tag{3}$$

where  $\alpha = \sqrt{\frac{GJ_x}{EC_w}}$  is the torsion-bending constant and  $C_k$  (k = 1, 2, 3, 4) are the constants of integration.

In this studied flexure, the joint between element 1 and 2 was considered to be a flexible joint, which means it was not completely free to warp, but is also not fully restrained. Hence, the joint is partially restrained. Therefore, a warping restraint factor K was introduced to find the degree of partial restraint from warping (Al-HaKeem 1991). The boundary conditions (BCs) of elements 1 and 2 of the flexure were selected as follows. Element 1 was specified to have a partial warping constraint at x=0 and free warping at x=l. BCs were defined in the following two cases:

First case: the complete warping constraint occurs at x=0 and the free constraint occurs at x=l, so the BCs were chosen as follows:

At 
$$x = 0$$
,  $\theta_x(0) = 0$  and  $\frac{d\theta_x(0)}{dx} = 0$   
At  $x = l$ ,  $M_\omega = 0$  or  $\frac{d^2\theta_x}{dx^2} = 0$ 

By solving these equations, the constants were determined as follows:

$$C_1 = -\frac{T_x}{\alpha GJ_x} tanh\alpha l$$
,  $C_2 = \frac{T_x}{GJ_x}$ ,  $C_3 = \frac{T_x}{\alpha GJ_x} tanh\alpha l$ ,  $C_4 = -\frac{T_x}{\alpha GJ_x} tanh\alpha l$ 

Therefore, from Eq. (3), the twisting angle is

$$\theta_{x} = \frac{T_{x}}{\alpha G J_{x}} (\alpha x - \sinh \alpha x - \tanh \alpha l + \tanh \alpha l \cosh \alpha x)$$
(4)

Second case: free warping was considered at both ends (x=0 and x=l) and thus the BCs were selected as follows:

At x=0, 
$$\theta_x(0) = 0$$
 and  $M_\omega = 0$  or  $\frac{d^2 \theta_x}{dx^2} = 0$   
At x=l,  $M_\omega = 0$  or  $\frac{d^2 \theta_x}{dx^2} = 0$   
are  $C_1 = C_3 = C_4 = 0$ ,  $C_2 = \frac{T_x}{G_{J_x}}$ 

Thus, from Eq. (3), the twisting angle is

Similarly, the constants

$$\theta_x = \frac{T_x}{GJ_x} x \tag{5}$$

Then, the warping restraint factor K was introduced into Eqs. (4) and (5), and the rotational displacement of the flexure about the x-axis was defined as follows

$$\theta_{x} = \frac{T_{x}}{\alpha G J_{x}} \left( \alpha x + (1 - K)(-\sinh \alpha x - \tanh \alpha l + \tanh \alpha l \cosh \alpha x) \right)$$
(6)

Eq. (6) shows that when K=0, the fully restrained warping occurred at the end, x=0 (case 1), and free warping occurred when K=1 (case 2). Therefore, first- and second-order derivative equations were determined to be

$$\theta'_{x} = \frac{d\theta_{x}}{dx} = \frac{T_{x}}{GJ_{x}} \left( 1 + (1 - K)(-\cosh\alpha x + \tanh\alpha l\sinh\alpha x) \right)$$
(7)

and 
$$\theta_{x}^{"} = \frac{d^{2}\theta_{x}}{dx^{2}} = \frac{dT_{x}}{GJ_{x}}(1-K)(-\sinh\alpha x + \tanh\alpha l\cosh\alpha x)$$
 (8)

The torsion constant  $J_x$  of the rectangular cross section bar was determined by using Eq. (161) (Timoshenko and Goodier 1951)

$$J_{x} = \frac{bt^{3}}{3} \left[ 1 - 0.63 \frac{t}{b} \left( 1 - \frac{t^{4}}{12b^{4}} \right) \right]$$
(9)

The warping constant  $C_w$  with respect to the shear center is defined by Eq. (7.43) (Pilkey 2002) as the warping moment of inertia

$$C_{w} = \int \omega^{2} dA = \frac{(bt)^{3}}{144}$$
(10)

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where  $\omega$  is the warping function.

Therefore, the strain energy in element 1 is defined by Eq. (9) (Kujawa 2011)

$$U_{1} = \frac{1}{2} E C_{w} \int_{0}^{l} \left( \dot{\theta_{x}} \right)^{2} dx + \frac{1}{2} G J_{x} \int_{0}^{l} \left( \dot{\theta_{x}} \right)^{2} dx$$
(11)

# 2.1.2 Strain energy of bending in element 2

 $T_x$  causes the bending in element 2 of flexure, thus the strain energy of bending was defined as follows

$$U_2 = \int_0^l \frac{(T_x)^2}{2EI_x} dy$$
 (12)

Where  $I_x = \frac{tb^3}{12}$  is the moment of inertia about the x-axis. From Eqs. (11) and (12), the total strain energy was determined as follows

$$U = U_1 + U_2 = \frac{1}{2} E C_w \int_0^l (\theta_x^{"})^2 dx + \frac{1}{2} G J_x \int_0^l (\theta_x^{'})^2 dx + \int_0^l \frac{(T_x)^2}{2EI_x} dy$$
(13)

# 2.2 Twist angle

Integrating Eq. (13) yields

$$U = \frac{\alpha E C_w T_x^2 (K^2 \sinh \alpha l - \sinh \alpha l + \alpha l \cosh \alpha l)}{2G^2 J_x^2 \cosh \alpha l} + \frac{(T_x)^2}{2E I_x}$$
(14)

Therefore, from Eq. (14), the twist angle at the free end of the single bent flexure under torsion load  $T_x$  is defined as follows

$$\theta_{\chi} = \frac{\partial U}{\partial T_{\chi}} = \frac{\alpha E C_{W} T_{\chi} (K^{2} sinhal - sinhal + \alpha l coshal)}{G^{2} J_{\chi}^{2} coshal} + \frac{T_{\chi} l}{E I_{\chi}}$$
(15)

## 3. FEA Verification

FEA was conducted by using Pro-Mechanica commercial software (Wildfire 5, PTC Corp., MA, USA) to verify the results of theoretical method. The default values of the flexure are as follows: length l=10 mm, width b=4 mm, and thickness t=0.5 mm. The torsion moment is  $T_x=1$  N mm. The material used in this simulation is aluminum 6061. We performed a parametric analysis wherein the sensitive parameters were used to check the agreement between the FEA results and theory results, with the following variations: length l=5 to 20 mm, width b=2 to 8 mm, and thickness t=0.25 to 1 mm. Fig. 3 shows the FEA model with the 48 elements and 36 nodes.

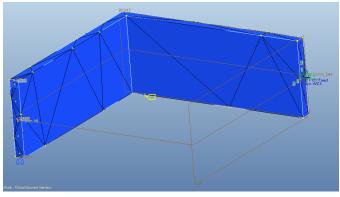


Fig. 3 FEA model

| Table 1 Comparis | son between theory | and FEA results | at the default v | alues of flexure |
|------------------|--------------------|-----------------|------------------|------------------|
|                  |                    |                 |                  |                  |

|        | Method                                  | Rotational displacement, $\theta_x$ (mrad) | Error between FEA<br>and theory (%) |
|--------|---|--|-------------------------------------|
|        | FEA                                     | 2.39                                       | -                                   |
|        | Fully restrained warping ( <i>K</i> =0) | 2.27                                       | 4.7                                 |
| Theory | Partially restrained warping (K=0.5)    | 2.33                                       | 2.2                                 |
|        | Free warping ( <i>K</i> =1)             | 2.51                                       | -5.3                                |

Our goal in this study was to find the displacement of the flexure when the torsion moment is applied at the free end of the single bent flexure and then compare these results with the results from FEA. If the error between the two methods was lower than 10%, then the results were generally accepted and used in the subsequent design steps.

#### 3.1 Comparison at default values

Eq. (15) was used to find the theoretical rotational displacements. The warping restraint factor K values were K=0, 0.5, and 1. The FEA simulation was also conducted at the default values of flexure. Table 1 shows a comparison between the theoretical and FEA results. As shown in Table 1, the error for K=0.5 was the lowest at 2.2%, and the errors for K=0 and K=1 were 4.7% and 5.3%, respectively. Thus, when the appropriate partial restraint factor were considered in the analysis, the result of rotation under torsion  $T_x$  is quite close to the FEA result. The joint between element 1 and element 2 of the flexure was not fully fixed and also not fully free. This indicates that derived rotational equation based on theory with K=0.5 is in good agreement with the FEA results, and that these results could be accepted for use in the subsequent investigations.

#### 3.2 Sensitive parameter analysis

Fig. 4 shows the results obtained using theory and FEA to simulate the variation of rotation  $\theta_x$  for length l=5 to 20 mm under torsion  $T_x$ . We note that when length l increases, the rotation  $\theta_x$  increases linearly using both methods. Fig. 4 shows that the theory results are in good agreement with the FEA results: the errors are 6% lower (K=0.5) as shown in Table 2.

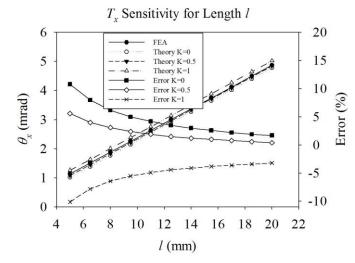


Fig. 4 Variation of  $\theta_x$  according to length *l* under torsion  $T_x$ 

| Table 2 Rotation | θx         | (mrad) | from | theory | and | FEA | according | to | length | l under | torsion | $T_{r}$    |
|------------------|------------|--------|------|--------|-----|-----|-----------|----|--------|---------|---------|------------|
|                  | ~ <i>л</i> | ()     |      |        |     |     |           |    |        |         |         | - <i>л</i> |

| Length | FEA  | Theory      |               |             | Error (%)   |               |             |
|--------|------|-------------|---------------|-------------|-------------|---------------|-------------|
| (mm)   | ГЕА  | <i>K</i> =0 | <i>K</i> =0.5 | <i>K</i> =1 | <i>K</i> =0 | <i>K</i> =0.5 | <i>K</i> =1 |
| 5      | 1.14 | 1.02        | 1.08          | 1.26        | 10.8        | 5.6           | -10.1       |
| 6.5    | 1.52 | 1.39        | 1.45          | 1.63        | 8.0         | 4.0           | -7.8        |
| 8      | 1.89 | 1.77        | 1.83          | 2.01        | 6.2         | 3.1           | -6.4        |
| 9.5    | 2.26 | 2.15        | 2.21          | 2.39        | 5.0         | 2.4           | -5.5        |
| 11     | 2.63 | 2.53        | 2.58          | 2.76        | 4.2         | 1.9           | -4.9        |
| 12.5   | 3.01 | 2.90        | 2.96          | 3.14        | 3.5         | 1.5           | -4.4        |
| 14     | 3.38 | 3.28        | 3.34          | 3.52        | 3.0         | 1.2           | -4.1        |
| 15.5   | 3.75 | 3.66        | 3.72          | 3.89        | 2.6         | 1.0           | -3.8        |
| 17     | 4.12 | 4.03        | 4.09          | 4.27        | 2.2         | 0.8           | -3.6        |
| 18.5   | 4.50 | 4.41        | 4.47          | 4.65        | 1.9         | 0.6           | -3.4        |
| 20     | 4.87 | 4.79        | 4.85          | 5.02        | 1.7         | 0.4           | -3.2        |

Fig. 5 shows the results of the variation of rotation  $\theta_x$  according to the thickness t=0.25 to 1 mm under torsion  $T_x$  based on theory and FEA. When the thickness t increases, the rotation  $\theta_x$  decreases in both methods. These graphs show that the theory results are in good agreement with FEA results: the errors were 4% lower (K=0.5) as shown in Table 3. Similarly, Fig. 6 shows the results of the variation of rotation  $\theta_x$  according to the width b=2 to 8 mm under torsion  $T_x$  based on theory and FEA. When the width b increases, the rotation  $\theta_x$  is smaller in both methods. These graphs show that results of theory are in strong agreement with the results of FEA: the errors are 5% lower (K=0.5) as shown in Table 4.

The warping and partially restrained effects (K=0.5) were considered in the analysis. The results are compared with fixed (no warping, K=0) and free (free warping, K=1) boundary conditions at the joint between two elements of the flexure, as shown in Figs. 3-5 and Tables 2-4.

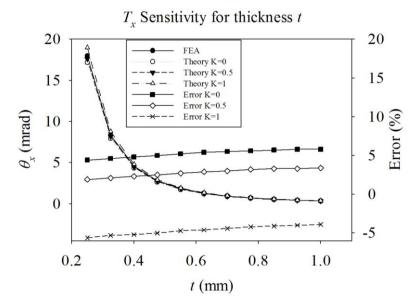


Fig. 5 Variation of  $\theta_x$  according to thickness t under torsion  $T_x$ 

| Table 3 Rotation $\theta_x$ (mrad) results for theory and FEA acco | ording to thickness t under torsion $T_x$ |
|--|---|
|--|---|

| Thickness | FEA   |             | Theory        |             |             | Error (%)     |             |  |
|-----------|-------|-------------|---------------|-------------|-------------|---------------|-------------|--|
| (mm)      | ГLА   | <i>K</i> =0 | <i>K</i> =0.5 | <i>K</i> =1 | <i>K</i> =0 | <i>K</i> =0.5 | <i>K</i> =1 |  |
| 0.25      | 17.95 | 17.17       | 17.62         | 18.96       | 4.4         | 1.9           | -5.6        |  |
| 0.325     | 8.33  | 7.94        | 8.15          | 8.77        | 4.6         | 2.1           | -5.3        |  |
| 0.4       | 4.55  | 4.33        | 4.45          | 4.79        | 4.8         | 2.3           | -5.2        |  |
| 0.475     | 2.77  | 2.64        | 2.70          | 2.91        | 5.0         | 2.5           | -5.0        |  |
| 0.55      | 1.83  | 1.73        | 1.78          | 1.91        | 5.2         | 2.7           | -4.7        |  |
| 0.625     | 1.27  | 1.20        | 1.23          | 1.33        | 5.4         | 2.9           | -4.6        |  |
| 0.7       | 0.93  | 0.87        | 0.90          | 0.97        | 5.5         | 3.0           | -4.4        |  |
| 0.775     | 0.70  | 0.66        | 0.68          | 0.73        | 5.6         | 3.2           | -4.2        |  |
| 0.85      | 0.54  | 0.51        | 0.52          | 0.56        | 5.7         | 3.3           | -4.1        |  |
| 0.925     | 0.43  | 0.41        | 0.42          | 0.45        | 5.8         | 3.3           | -4.0        |  |
| 1         | 0.35  | 0.33        | 0.34          | 0.36        | 5.8         | 3.4           | -3.9        |  |

The error is 4.7% if fixed, 5.3% if free, and 2.2% if partially restrained at the default values. The errors in the free warping sensitivity analysis are up to 12%. The fully restrained warping (fixed) error is 11% and the partially restrained error is lower than 6%. These results indicate that the error in the rotational displacement of flexure under torsion changed with variations of the length, thickness, width and the warping restraint factor. However, the results obtained using theory and FEA at K=0.5 are quite similar: the errors were lower than 6% in all the simulated analyses. Thus, there is strong agreement between the two methods, which demonstrates the validity of the theoretical equations for the case under consideration.

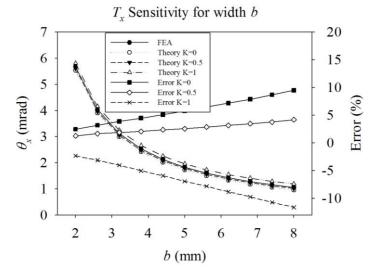


Fig. 6 Variation of  $\theta_x$  according to width b under torsion  $T_x$ .

| Width (mm) | FEA  | Theory      |               |             |             | Error (%)     |             |  |  |
|------------|------|-------------|---------------|-------------|-------------|---------------|-------------|--|--|
| Width (mm) | ГEA  | <i>K</i> =0 | <i>K</i> =0.5 | <i>K</i> =1 | <i>K</i> =0 | <i>K</i> =0.5 | <i>K</i> =1 |  |  |
| 2          | 5.68 | 5.54        | 5.61          | 5.81        | 2.5         | 1.3           | -2.3        |  |  |
| 2.6        | 4.04 | 3.91        | 3.97          | 4.16        | 3.2         | 1.7           | -3.1        |  |  |
| 3.2        | 3.12 | 3.00        | 3.06          | 3.25        | 3.9         | 1.9           | -4.0        |  |  |
| 3.8        | 2.54 | 2.42        | 2.48          | 2.66        | 4.5         | 2.1           | -5.0        |  |  |
| 4.4        | 2.13 | 2.02        | 2.08          | 2.26        | 5.1         | 2.4           | -5.9        |  |  |
| 5          | 1.83 | 1.73        | 1.79          | 1.96        | 5.8         | 2.6           | -6.9        |  |  |
| 5.6        | 1.61 | 1.50        | 1.56          | 1.73        | 6.5         | 2.9           | -7.8        |  |  |
| 6.2        | 1.43 | 1.33        | 1.38          | 1.55        | 7.2         | 3.2           | -8.8        |  |  |
| 6.8        | 1.28 | 1.18        | 1.24          | 1.41        | 7.9         | 3.5           | -9.7        |  |  |
| 7.4        | 1.16 | 1.06        | 1.12          | 1.29        | 8.7         | 3.8           | -10.7       |  |  |
| 8          | 1.06 | 0.96        | 1.02          | 1.19        | 9.5         | 4.2           | -11.6       |  |  |

Table 4 Rotation  $\theta_x$  (mrad) of theory and FEA according to width b under torsion  $T_x$ 

# 4. Conclusions

In this study, the torsion of a single bent leaf flexure with consideration of partially-restrained warping and the warping restraint factor (K) were analyzed. The equations of rotation displacement under torsion of the flexure were developed based on Castigliano's theorem, which considers the strain energy of partially restrained warping over the non-uniform torsion of a homogeneous isotropic prismatic bar. A sensitivity analysis with respect to the length, width, and thickness variation was performed, and FEA was conducted to verify the accuracy of the theoretical analysis. These results reveals the accuracy of the present analysis and could be used in the design of the nano-system.

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